

**Instruction**

**PARTICIPATION IN EXTRA CURRICULAR ACTIVITIES**

**A. Academic Standards**

1. Rules applicable to all extracurricular and co-curricular activities:

Grade Point Average (GPA)

- a. Each student who had a GPA of 1.99 or less shall be ineligible according to the schedule below:

<u>Period when 1.99 or less was earned</u>	<u>period of ineligibility</u>
1st quarter	2nd quarter
1st semester	3rd quarter
3rd quarter	4th quarter
2nd semester	1st quarter next year
summer* and	
(*see number A-2 below)	

- b. Each student in grades 10-12 will be permitted one probation quarter during his/her high school career in the West Sonoma County Union High School District. The student may use the probation quarter at the discretion of the student and parent if the student's grade point average is under 2.0 for the previous quarter. The student on probation would be eligible during the quarter of probation.

Units Earned

- a. Each student who earned less than 25 credits (20 for twelfth graders and second semester eleventh graders) during the preceding semester shall be ineligible, due to not making satisfactory progress towards graduation standards.
- b. Ineligible students are excluded from participation in covered activities, including practices, \* for the current semester or until lost units have been made up to a total of 25.  
(Exception: A student who lost credit due to absence, and who appealed for restoration of the lost credits, may practice (only) pending a decision on the appeal.
- c. If a student ineligible because of lost credits makes up sufficient credits to total 25 (independent study, JC, etc.), he or she becomes eligible at that point. If the credits are not made up, he or she becomes eligible at the beginning of the next semester, provided the student is passing 25 units at that point with a GPA of at least 2.0.

2. Summer Regulations:

- a. For purposes of regaining eligibility, summer school may count to make up for a deficiency in the last quarter of the school year.
- b. Students ineligible as a result of second semester performance may not represent the school in summer activities (tryouts, practices, camps, etc.), unless they have cleared the ineligibility in accord with sections 1c or 2a above.

Administrative Regulation 6145.1(b)

3. Higher academic standards for any group may not be set without Board approval.
4. Entering ninth graders with a grade point average under 2.0 will be eligible until the end of the first quarter and would then remain eligible or become ineligible based on the first quarter grades. This quarter would not count against the discretionary probation quarter.

**B. Citizenship Standards**

1. Anyone placed on probation for school misconduct, is automatically removed from athletics/activities for the period of the probation (Administrative Regulation 5111.5).
2. Each district school and each coach/activity sponsor is authorized to set reasonable standards of conduct and reasonable penalties for violation thereof. Any serious violation of school rules as listed in Board Policy 5111.5, section IIA. may result in suspension from activities or sports (including practice if so stated) for up to 45 days, with the approval of the principal or designee.
3. Misbehavior or misconduct that reflects a negative image on the school extracurricular program, in any way or at any time, on or off campus, may result in removal from the extracurricular program or prevention from future participation in the program for up to 45 days. Determination of the seriousness of the offense will be made by the principal or administrative designee and either a) the athletic director, and coach (if during the season of a sport), or b) the activity sponsor.
4. Prior to the imposition of penalties as described in 1 through 3 above, the parent and student will be provided an opportunity to have a conference to present their side of the case and comment on the offense and penalty involved.
5. In order to be eligible to practice or participate in an activity on any day, participants must attend a majority of the class periods on the student's schedule and not have any unexcused absence on the day of the practice or activity, or the school day immediately preceding, if the practice or activity is on a weekend or school holiday. Exceptions to this rule will be allowed in unusual cases if cleared through the school principal.

**C. Implementation**

1. Teachers should be given regular opportunities to comment on participants' behavior to help determine current eligibility.

**D. Other Standards**

1. Participants shall pay all bills for lost or stolen equipment, related to extracurricular activities, for which they are responsible, prior to participation in another activity. No further equipment will be issued until all bills are paid.

**E. Transportation**

1. All students must use the school's transportation to and from all away activities, if provided. Exceptions to this rule may be approved, if presented, with parental consent, by a school administrator or the coach.
2. The coach/sponsor is responsible for the conduct of participants while on trips, except that the driver is the paramount authority on a school bus in matters relating to safety.

**F. Rules Relating to Athletics**

1. Participation in interscholastic athletics is subject to the constitutions, bylaws, and regulations of the California Interscholastic Federation (CIF), North Coast Section (NCS), and the Sonoma County League (SCL). Several key NCS bylaws are summarized below:
  - a. AGE - No student may participate in varsity football until he is 15. A student who reaches 19 on or before August 31 is ineligible in all school years beginning September 1 or thereafter. (CIF #201)
  - b. Length of Eligibility - A student is eligible for no more than 8 consecutive semesters, beginning the September he enters 9th grade. (CIF #202)
  - c. Attendance Area - A student who attends school outside his/her regular attendance area is ineligible to participate in interscholastic athletics for one year from the date of enrollment in the new school.

**EXCEPTIONS:**

1. With the approval of both principals, a student shall be eligible except for varsity level competition in sports the student participated in during the 12 months preceding the transfer.
  2. A student shall be eligible for participation in all sports with the approval of both principals and the league(s) involved.
2. In accordance with C.I.F. rules, athletes may not participate on any outside team in the same sport if they are also on a school team during the season of the same sport. Example: Girls' softball and Bobby Sox softball.

- G.** If an athlete leaves a squad for any reason, he/she may not participate with or practice with another team unless the two coaches involved mutually agree with the change.

**H. Participation Clearance**

Athletes shall not be allowed to check out equipment or practice until they have been cleared by the school office. When they have turned in the following, they will be given clearance to participate:

1. Current physical
2. Verification of insurance coverage
3. A copy of the Athletic Code signed by their parent or guardian
4. Transportation fee to be paid prior to the first practice
5. Certification that no payment is owed for lost or damaged equipment from a previous sport

Approved: May, 1984  
Revised: 4/18/96; 12/12/96, 6/23/10

**WEST SONOMA COUNTY UHSD**  
Sebastopol, California